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| Day | Breakfast | Am Snack | Lunch | Pm snack | Tea |
| Monday | Choice from a range of cereals with toast and butter or jam | Flapjacks  With milk or water | Spaghetti Bolognese | Rice cake  With milk or water | Chicken dippers, waffles & beans |
| Quorn mince & Spaghetti  Fresh Fruit | Quorn veggie burgers & waffles  Vanilla cake with custard |
| Tuesday | Choice from a range of cereals with toast and butter or jam | Cheese and crackers  With milk or water | Flavoured Chicken with pitta and vegetable rice | Carrot & Cucumber sticks with selection of dips  With milk or water | Pasta Bake  Peaches & cream |
| Veggie Pattie pitta with vegetable rice  Fresh fruit |
| Wednesday | Choice from a range of cereals with toast and butter or jam | Breadstick with selection of dips With milk or water | Sweet & sour chicken with rice | Malt loaf  With milk or water | Ham or Chicken or Cheese Sandwiches  Angel Delight |
| Quorn Sweet & Sour with rice  Fresh fruit |
| Thursday | Choice from a range of cereal with toast and butter or jam | Cheese Twists  With milk or water | Fish fingers, chips and sweetcorn  Fresh fruit | Bagel and butter or jam  With milk or water | Macaroni Cheese  Rice Pudding |
| Friday | Choice from a range of cereal with toast and butter or jam | Yoghurts  With milk or water | Sausages, creamy mash potato and peas serve with gravy | Breadsticks with selection of dips  With milk or water | Cheese and tomato pizza with potato slices  Jelly & Ice-Cream |
| Quorn Sausages  Mash potato and peas serve with gravy  Fresh fruit |

Headstart Nursery Menu Week 1

Headstart Nursey Menu Week 2

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| Day | Breakfast | Am Snack | Lunch | Pm Snack | Tea |
| Monday | Choice from a range of cereals with toast and butter or jam | Yogurts  With milk or water | Chicken curry with rice & naan bread | Biscuits  With milk or water | Macaroni Cheese  Chocolate cake with sauce |
| Vegetarian curry with rice & naan bread  Fresh fruit |
| Tuesday | Choice from a range of cereals with toast and butter or jam | Carrot & Cucumber sticks with selection of dips  With milk or water | Chicken enchiladas with salad | Cheese and crackers  With milk or water | Jacket potatoes with beans or cheese  Rice Pudding |
| Cheese wraps with salad  Fresh fruit |
| Wednesday | Choice from a range of cereals with toast and butter or jam | Nachos and selection of dips  With milk or water | Flavoured Chicken with wraps and vegetable rice | Cheese Twists  With milk or water | Spaghetti Hoops on toast  Angel delight |
| Vegetable pie with new potatoes & vegetables  Fresh fruit |
| Thursday | Choice from a range of cereals with toast and butter or jam | Malt Loaf  With milk or water | Chilli con carne with rice | Breadstick and selection of dips  With milk or water | Ham or Chicken or Cheese Sandwiches  Mixed fruit crumble |
| Vegetable Chilli con carne with rice  Fresh Fruit |
| Friday | Choice from a range of cereals with toast and butter or jam | Flapjacks  With milk or water | Lasagne with garlic bread | Crumpets butter or jam  With milk or water | Hot dogs in roll & home-made wedges |
| Vegetarian Lasagne with garlic bread  Fresh Fruit | Quorn veggie burgers & waffles  Cookies |